

MANAGING ILLNESSES IN DAYCARE

CHANGES IN PHYSICAL APPEARANCE AND BEHAVIOURS

- Doesn't want to play, not active, not smiling
- Persistent crying, irritability
- Warm and red cheeks
- Skin rash

ACTIONS

- Check the diaper
- Give the child something to drink or eat
- Reassure and cuddle the child
- Always take the temperature of the child
- If the temperature is 38.5°C and more, give acetaminophen as recommended and advise the parents
- Be extra careful on washing your hands after handling the child

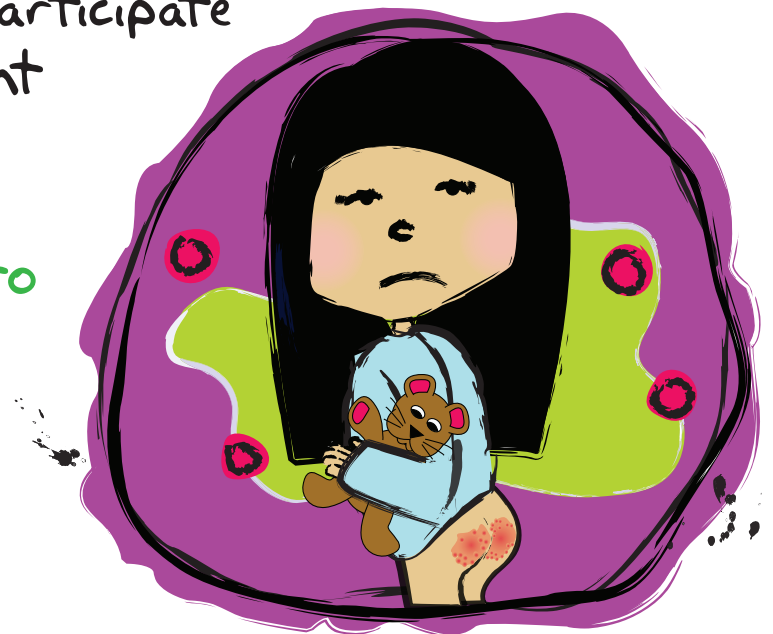


WHEN SHOULD YOU CALL THE PARENTS ?

At anytime you may contact the parent if a child's condition worries you, according to your judgment.

- If fever
- If vomiting more than 2 times
- If the child has a severe diarrhea
- Difficulty to breath
- Skin rash (other than eczema)
- If you notice that the child doesn't participate as usual to the activities or a significant change in his behavior

* A cold without fever is not a reason to remove the child from the daycare.



PREVENTION OF INFECTIONS IN DAYCARE 6 TO 36 MONTHS

CARE GIVERS

Wash your hands with soap and water :

- Upon arrival for the day or when moving from one group to another
- Before and after eating, handling food or feeding a child
- After changing a diaper
- Before and after giving medication
- After using toilet or helping a child using toilet
- After sneezing, blowing your nose or the nose of a child
- After cleaning or handling garbage

Use gloves when changing a diaper soiled with a stool

Wash the mattress after each diaper changing

Disinfect the toilet seat if needed

Clean all the high-touch surfaces every day : tables (under the tables), chairs, counters, toys put in the mouth, door knobs and mirrors.

CHILDREN

Help them wash their hands with soap and water :

- Once in the morning and once in the afternoon
- Before and after eating
- After a diaper change
- After using toilet
- After sneezing and blowing the nose

Wash their face with soap and water :

- After eating
- Once in the morning
- Once in the afternoon

Don't let the kids share food, drinks or utensils



PREVENTION OF INFECTIONS IN DAYCARE 37 TO 72 MONTHS (3-5 YEARS OLD)

CARE GIVERS

Wash your hands with soap and water :

- Upon arrival for the day or when moving from one group to another
- Before and after eating, handling food or feeding a child
- Before and after giving medication
- After using toilet or helping a child using toilet
- After sneezing, blowing your nose or the nose of a child
- After cleaning or handling garbage

CHILDREN

Help them wash their hands with soap and water :

- Once in the morning and once in the afternoon
- Before and after eating
- After using toilet
- After sneezing and blowing the nose

Wash their face with soap and water :

- After eating
- Once in the morning
- Once in the afternoon

Don't let the kids share food, drinks or utensils

Use gloves when assisting a child to the toilet when there is a stool

Disinfect the toilet seat if needed

Clean all the high-touch surfaces every day : tables (under the tables), chairs, counters, toys put in the mouth, door knobs and mirrors.



GENERAL HYGIENE

SANITIZER:

- > Use alcohol-based hand rub when no water is available to wash hands
- > Ensure that no child can have the use of the dispenser

ON DAILY BASIS:

- > Disinfect the toys put in the mouth
- > Disinfect all the high-touch objects :
tables (under the tables), chairs, counters, door knobs and mirrors
- > Regularly disinfect the sink
- > Usually done by the janitor : Clean the floors, doors and window frames, light switches, mirrors and disinfect the garbage cans.

ON WEEKLY BASIS:

- > Disinfect all the toys
- > Disinfect the mattresses used for naptime and change with clean covers

IN THE KITCHEN:

- > Wash hands before and after handling food
- > Keep counters and cutting boards clean
- > Follow the hygiene rules of preparing food

