

Skills Summaries

CPR for an Adult or Child



- 1** Perform a scene survey.
- 2** Determine unresponsiveness.



- 3** Open Airway.



- 4** Check Breathing and Circulation for a maximum of 5 to 10 seconds.



- 5** Place hands in appropriate position and give 30 compressions (at a rate of at least 100/minute).



- 6** Give 2 ventilations with barrier device and supplemental oxygen.

- 7** Repeat cycle of 30 compressions and 2 ventilations. Continue CPR until AED can be applied, more advanced care takes over, or local protocol dictates otherwise.



- 8** If there is any change in patient's condition, stop CPR and check ABCs.

CPR for a Baby



- 1** Perform a scene survey.
- 2** Determine unresponsiveness, then open Airway.



- 3** Check Breathing and Circulation for a maximum of 5 to 10 seconds.



- 4** Place fingers in appropriate position and give 30 compressions (at a rate of at least 100/minute).



- 5** Place padding under shoulders to open airway. Give 2 ventilations with barrier device and supplemental oxygen.
- 6** Repeat cycle of 30 compressions and 2 ventilations. Continue CPR until AED can be applied, more advanced care takes over, or local protocol dictates otherwise.
- 7** If there is any change in baby's condition, stop CPR and check ABCs.

