

3HP **TREATMENT** **FOR LATENT** **TUBERCULOSIS** **INFECTION**



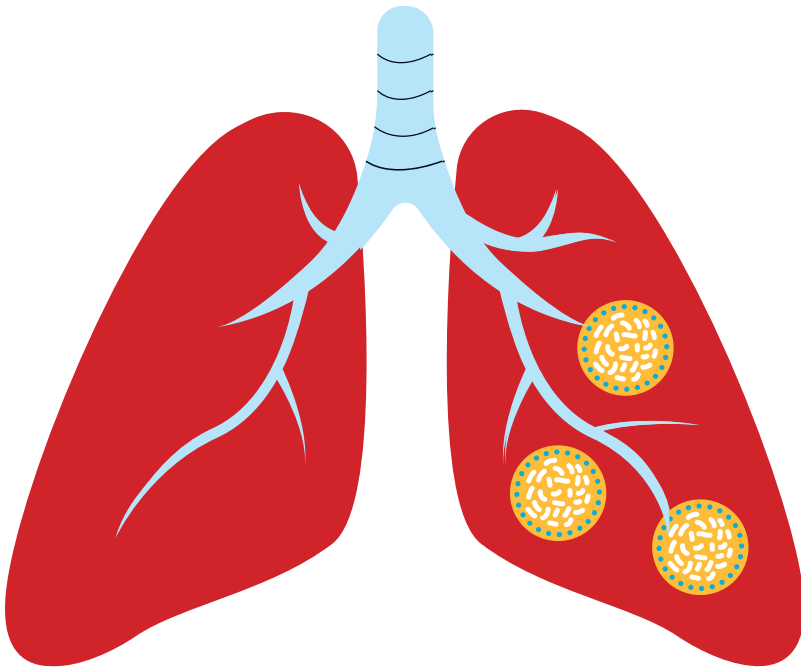
**As long as our lungs can
breathe, our stories carry on**

**ጋደርባዎር ላቲንባሪካላንታዎቹ ለታሪክና
ጋራ ግንኙነት ለሌሎች ለሌሎች ለሌሎች**

Contact at the clinic
Phone number:

WHAT IS LATENT TUBERCULOSIS (LTBI) INFECTION?

Latent TB infection (also known as sleeping TB) means that the TB germs are in the body, but they are NOT active and NOT causing the disease. The person does not have any symptoms and is not contagious.

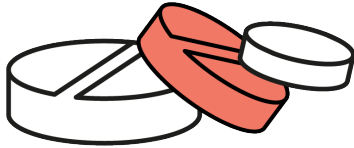


WHY IS IT IMPORTANT TO TREAT LATENT TB?

Latent TB treatment, with medication such as 3HP, can prevent you from getting sick and developing active TB disease.

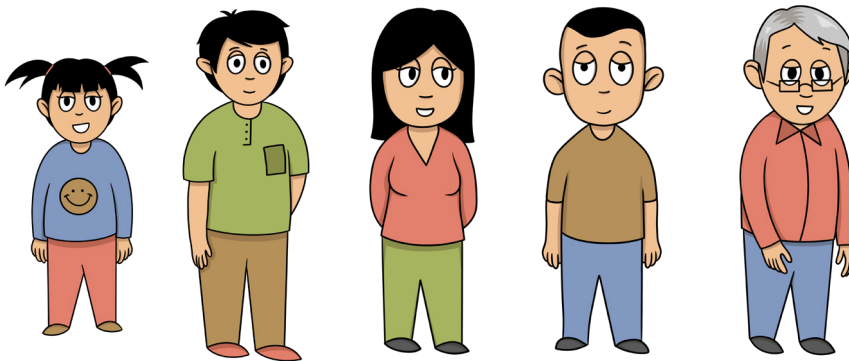
WHAT IS 3HP?

3HP is a combination of two medications, rifapentine and isoniazid, and vitamin B6.



This treatment is the shortest available in Nunavik. **It is offered once a week for 12 weeks under Directly Observed Therapy (DOT).** Under DOT, you take your medication in the presence of a healthcare professional to help detect any side effects and to help you complete your treatment.

WHO CAN TAKE 3HP?



This treatment is offered to people from 2 to 65 years old.

It is not recommended for pregnant or breast-feeding women, or women who expect to become pregnant. This treatment is also not recommended for people with some health conditions.

Talk to your healthcare professional to find out if 3HP is right for you.



WHAT SIDE EFFECTS CAN YOU EXPECT?

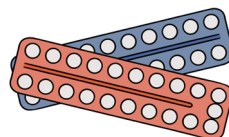
3HP is a safe treatment and most people taking it do not have any side effects.



You might see a red or orange discoloration of urine and other body fluids, like tears. This is normal. It will go away when you stop taking the medication.

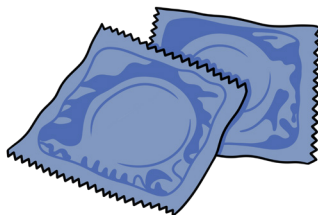
However, it can permanently stain dentures and contact lenses. Use glasses if possible.

This medication can **make most contraceptive methods less effective.**



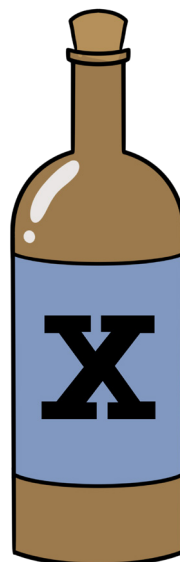
It is important to use condoms as an additional precaution.

If you think you are pregnant, tell your healthcare professional.



In some rare situations, 3HP can be associated with liver toxicity. **Avoiding or reducing alcohol intake will minimize the risks of developing adverse effects on the liver during treatment.** If you do drink alcohol, blood tests will be done to check your liver function. Other drugs and medication can cause side effects if taken with 3HP (e.g. acetaminophen/Tylenol).

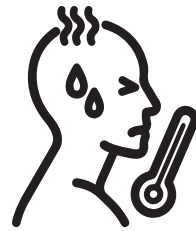
Ask your healthcare professional if you have any questions about drug interactions.



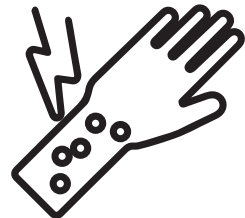
**Other rare side effects can occur.
Make sure to mention them rapidly
to your healthcare professional.**

They include:

Flu-like symptoms:
fever, headache, fatigue or
weakness, muscle pain



Rash or hives, swelling of eyelids, lips,
tongue or throat, hot flashes, chills or
unusual sweats, dizziness, fainting,
shortness of breath, wheezing



Numbness or tingling in your
hands, arms, legs or feet



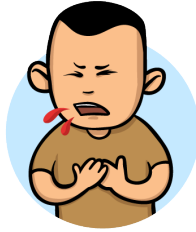
Nausea, vomiting, diarrhea, loss of
appetite, stomach upset or pain,
yellow skin, dark urine, pale stools



You also need to mention any of the following symptoms to your healthcare professional:



**COUGH THAT LASTS
MORE THAN THREE
WEEKS**



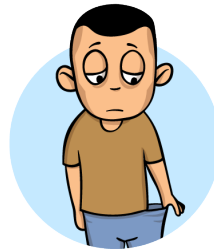
**BLOOD IN
YOUR SPUTUM**



NIGHT SWEATS



FEVER



**UNUSUAL WEIGHT
LOSS OR FATIGUE**

Since these symptoms can be suggestive of active TB disease, more tests can be necessary if they occur.

NITROSAMINE IMPURITY

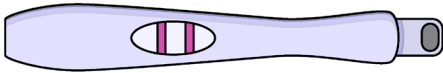
Nitrosamines are potential carcinogens (could increase risk of cancer in a long time period) that were detected in very low quantity in rifapentine. They are common in some foods, drugs and in the environment. It is estimated that a three-month treatment with 3HP corresponds to about 1 year of “normal” exposure to nitrosamines in daily life. **Levels found in rifapentine are safe and it is considered better to treat latent TB with 3HP than not to treat it.**

WHAT FOLLOW-UP WILL BE DONE DURING THE TREATMENT?



At the beginning of the treatment, and after the first month, a blood test will be done. If it is normal, most people will not need additional blood tests. If it is abnormal, further tests will be done.

Every week, your healthcare professional will monitor your symptoms and possible side effects of the treatment.



For women of child-bearing age, a urine test will be performed every month to make sure they are not pregnant.

WHAT SHOULD YOU MENTION TO YOUR HEALTHCARE PROFESSIONAL?

- Any new symptoms
- Pregnancy, or plan to get pregnant
- Drug or alcohol use
- Any new medication
- Vaccination received or planned
- Travel outside the community

***** Please mention that you are on 3HP treatment if you see another healthcare professional.**

